

# October <sup>is</sup> **Walk** **INTO** school **MONTH**

Get involved  
and get  
active by  
pledging  
to walk to  
school at  
least once  
a week  
throughout  
October.

**air**  
**aware**  
Staffordshire

Walking to  
school is  
great for your  
mental and  
physical  
health &  
also helps the  
environment!



Discover more at  
[staffordshire.gov.uk/activeschooltravel](https://staffordshire.gov.uk/activeschooltravel)

 Staffordshire  
County Council